



Great Bike Tours

Rhode Island Coast 2027

Providence, Newport, and Block Island

Our six-day coastal bike vacation explores the many islands and waterways of Rhode Island's Narragansett Bay. We'll treat you to great cycling on islands, cycling within view of islands, and boat rides between the islands. All week we stay at deluxe Inns overlooking the water: one night in Bristol, three nights in historic Newport, and one night on Block Island.

Tour Length

6 Days/5 nights

2027 Tour Dates

May 30-June 4

Tour Start/End

Providence, RI

Cost of the 2027 Tour

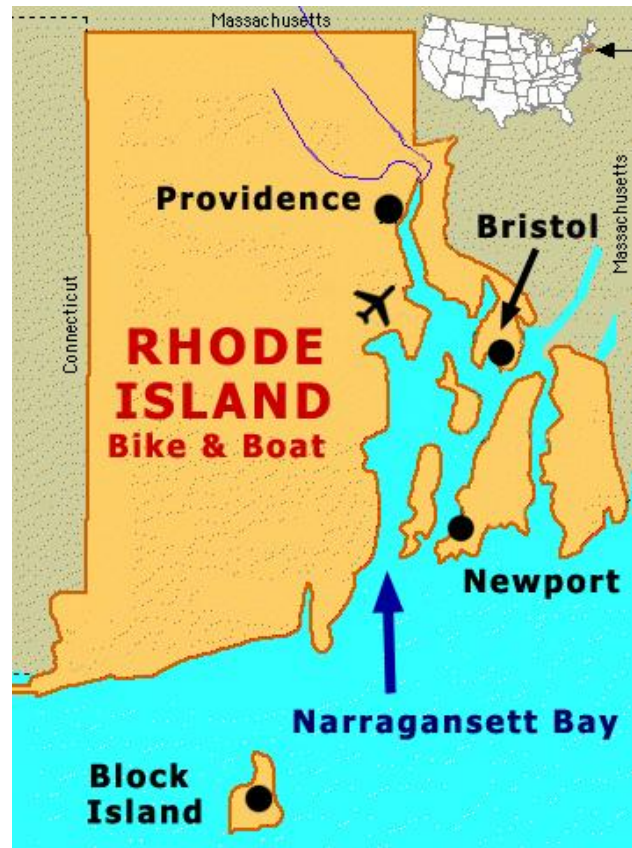
\$4,595 per person (based on double occupancy). Single supplement of +\$1,300

Level of Difficulty

Easy/Moderate – 15-30 miles/day, with total mileage of 65-120. Enjoy flat bike paths and a flat railway track (using a railbike)! Some hills on the road-riding sections. Cycle at your own pace. Get a lift in the van whenever you like. E-bikes available (limited supply)

Accommodations

All week we stay at deluxe lodgings overlooking the water: one night in Bristol ([Bristol Harbor Inn](#)), three nights in Newport ([Newport Harbor Island Resort](#)), and one night on Block Island ([Hotel Manisses](#))



Highlights

- **Cycle on Rhode Island's first multi-town bike path** – the paved East Bay Bike Path that hugs the shoreline of Narragansett Bay
- **Ride on the railway tracks** using a fleet of pedal-powered rail-bikes
- **Stroll along Newport's Cliff Walk**, rated the #1 attraction in Rhode Island
- **Sample fresh local seafood**, including lobsters, quahogs, and “chowdah”
- **Cycle along Newport's famous Ocean Drive**, known for its jaw-dropping splendor – from the opulent mansions of the Gilded Age, to the spectacular views over Narragansett Bay
- **Tour Newport's Breakers mansion**, once owned by the Vanderbilt family, and considered the grandest of all Newport's Gilded Age mansions
- **Enjoy a breathtaking boat ride** on a restored 1929 rum runner boat, and relive the “thrill of the chase” of the smuggler boats from the days of Prohibition – all while sipping on our own rum punch
- **Set sail on our 80-foot schooner**, which we've chartered to take us out on the waters around Newport, which is known as “the sailing capital” of the United States
- **Optional boat trip on an America's Cup sailboat** (\$)
- **Stay at a resort island (Block Island)** that was deemed one of the “Last Great Places” by the Nature Conservancy – there are no traffic lights; all 17 miles of beach are open to the public; and all the Island's power is provide by an offshore wind farm
- **Enjoy the cooler weather** in late May (average max temp is 70 degrees), before it gets too hot, and before the crowds arrive

What's Included?

- 6 days of cycling, boat trips, a rail-bike excursion, and other activities
- 5 nights of lodging overlooking the water
- 9 meals (5 breakfasts, 1 lunch, 3 dinners), catering to all dietary needs
- Free use of our [bikes](#), along with a helmet, rear rack bag for your personal items, rear safety light and triangle, water bottle, and T-shirt. E-bikes available
- Superior level of support throughout your stay (each trip comes with two 15-passenger vans and three professional [bike tour guides](#))
- *Ride with GPS* navigation (using your own phone) or paper route notes & maps
- Exclusive GBT activities, including: our rail-bike excursion, a tour of the Newport Mansions, and two exciting boat trips (rum runner and sailing schooner)
- Full access to our online photo gallery with photos/videos from your trip
- Small group size of 15-20 people (or organize your own [private trip](#))

Detailed Itinerary

Day 1 (Sunday) — Providence to Bristol

Our Rhode Island Coast Bike Vacation starts and ends in Providence, RI. We'll pick you up after lunch on Sunday, at the Providence airport (T.F. Green Airport, code PVD) at 12 noon, or at your airport hotel at 12:30 pm. Please be dressed to cycle. For more information about the pre-tour lodging and logistics, please request our “Travel Information” document.

Once we have everyone accounted for, we'll take a quick van shuttle to the start of today's ride. Following our bike fitting and safety talk, we'll head off on a 15-mile bike ride on Rhode Island's first multi-town bike path – the East Bay Bike Path. This paved trail will take us all the way to our first lodgings in the town of Bristol, and along the way you can expect spectacular views of the downtown Providence skyline, ships on the Providence River, local parks and recreation areas, as well as the salt marshes and ponds along the shoreline of Narragansett Bay.

When you arrive in Bristol, we recommend a stroll around this lovely waterfront town, perhaps paying a visit to the Thames Waterside Bar for an early happy hour. Another highlight is a visit to the America's Cup Hall of Fame. Sailing, and most particularly the America's Cup race, is deeply ingrained into the local culture and history.

Tonight we will gather for a Welcome Reception and dinner at a nearby restaurant.

Accommodations: Bristol Harbor Inn, Bristol, RI
Biking: 15-19 miles on paved bike paths
Meals Included: Dinner

Day 2 (Monday) – Bristol to Newport

Following breakfast at the Inn, we'll take a short van shuttle over to the island of Aquidneck for one of our favorite cycling routes alongside the water. This ride features rolling hills, beaches, meadows, conservation areas, not to mention the gorgeous houses by the water. To top off the day, our morning bike ride ends at a scrumptious ice cream parlor!

After picking up our lunches at a local café, we head off to explore the scenic beauty of Rhode Island in a totally new and exciting way – aboard a fleet of pedal-powered rail-bikes. Utilizing a six-mile stretch of historic track not used by trains (thankfully), our excursion will “ride the rails” along Aquidneck Island with spectacular views of the water.

We will then take a van shuttle to the Newport Harbor Island Resort on Goat Island – our home for the next three nights. We will arrive around 3:00 pm, allowing you plenty of time to explore Newport on your own, or perhaps enjoy a rejuvenating massage at our resort (providing you have booked this activity in advance). Enjoy dinner on your own tonight in Newport.

Accommodations: Newport Harbor Island Resort, Newport, RI
Biking: 6-18 miles on paved roads, and another 6 miles on the railroad track (aboard rail-bikes)
Meals Included: Breakfast and lunch

Day 3 (Tuesday) – Layover Day in Newport area

The Newport area offers so many highlights that we have decided to allow two full days in this area. After breakfast we plan to head out for a 16-mile bike ride along Newport's famous Ocean Drive. This glorious stretch of shoreline packs in lots of jaw-dropping splendor, both in terms of our up-close view of the historic mansions of the Gilded Age – these so-called summer ‘cottages’ were the opulent homes built for the Vanderbilts, Astors, and Morgans –

as well as the spectacular views over Narragansett Bay. The road curves and bends around headlands, with ever-changing views of picturesque coves, crashing waves, and waterfront estates clinging to rocky outcroppings.

We'll take a break at Newport's Cliff Walk, the most visited attraction in all of Rhode Island. The Cliff Walk is a 3½ mile path combining the stunning beauty of the coastline with the architectural history of Newport's famous mansions. We have also arranged a self-guided audio tour of The Breakers mansion, once owned by the Vanderbilt family, and considered the grandest of all Newport's Gilded Age mansions.

After lunch at one of Newport's waterside restaurants, we have the option to cycle another 18 miles, taking in yet more stunning ocean scenery, including a visit to a National Wildlife Refuge with hiking trails looking down upon the ocean.

In the late afternoon we have arranged for a breathtaking ride on a restored 1929 rum runner boat (a classic 58-foot motor yacht), where we can relive "the thrill of the chase" of the smuggler boats from the days of Prohibition – all while sipping on our own rum punch. The boat was originally built for two New Jersey mobsters to elude the Coast Guard while speeding cases of "hooch." We'll have the boat to ourselves as we cruise by Newport mansions and former speakeasies, before being delivered back to downtown Newport, where we will all dine together at a local restaurant overlooking the bay.

Accommodations:	Newport Harbor Island Resort, Newport, RI
Biking:	16-34 miles
Meals Included:	Breakfast, dinner

Day 4 (Wednesday) — Exploring Jamestown Island

Following our delicious breakfast, we'll head over to Jamestown Island for our morning bike ride. The roads are quiet, with rolling farmland, horses, historic structures and lighthouses, all framed by beautiful vistas of Narragansett Bay. In the early afternoon we'll head back to Newport for our final chance to enjoy the town's rich history, culture and natural beauty. Alternatively, you head back to our resort for a spa treatment, or relax by the pool.

In the late afternoon we will go sailing on a 80-foot schooner for 1½ hours. Known as the "the sailing capital" of the United States, Newport is home to America's Cup sailboats, yachts and everything in between. So, it's only appropriate that we set out for a sail ourselves. Welcome Aboard! Since we sail in protected waters, the boat ride will be very smooth. Whether you've never set foot on a sailboat, or are an old salt, our sailing trip is enjoyable and fun for all. Guests are welcome to help raise sails, take the wheel and sail, or sit back and relax and enjoy the sights. You'll see stately seaside estates, forts, a house-on-a-rock, and lots of other sailboats, all set against the stunning backdrop of a historic colonial town and picturesque, rocky shoreline.

Enjoy dinner on your own tonight in Newport – there are hundreds of great restaurants to choose from.

Accommodations:	Newport Harbor Island Resort, Newport, RI
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Biking: 14-23 miles
Meals Included: Breakfast

Day 5 (Thursday) — Newport to Block Island

Sadly, it's time for us to leave Newport, but we have a real treat in store for you for our final night's stay – Block Island. When our ferry arrives on the island you'll feel as though you have taken a step back in time. The Island was founded in 1661 and had its heyday as a summer resort in the 1890s when steamboats made regular trips from New York and Boston. Today there is a year-round population of 1,007 which swells to as many as 20,000 in the summer.

The island is easy for us to explore by bike since it is only 7 miles long by 4 miles wide. This island was deemed one of the "Last Great Places" by the Nature Conservancy – there are no traffic lights; all 17 miles of beach are open to the public; almost half the island is preserved open space; and all of Island's power is provided by an offshore wind farm.

We will enjoy our farewell dinner tonight at the Hotel Manisses.

Accommodations: Hotel Manisses
Biking: 10-20 miles
Meals Included: Breakfast, Dinner

Day 6 (Friday) — Departure Day (Block Island back to Providence)

Feel free to head off for an early morning bike ride, but make sure you're back in time for our unforgettable champagne breakfast overlooking the water. After breakfast we recommend a visit to the local exotic animal farm, followed by an excursion to find yourself a Block Island cycling jersey.

We plan to catch the 11:00 am ferry back to the mainland, arriving at noon. We will then shuttle you back to the Providence airport or to your hotel near the airport (to pick up your car), arriving at around **1:15 pm**.

Accommodations: On your own
Biking: Optional
Meals Included: Breakfast

If you require further information regarding travel logistics, please request our "Rhode Island Travel Information" document.

**We hope you enjoy your Rhode Island Coast Bike Vacation.
If you have any questions, or would like to confirm some spaces on
this trip, please contact us soon.**